


CELEBRATING from Page B1



Participating in this year's bicycle decorating contest Thursday at Hosmer Field in Rumford were, from left, Paislee Levesque, Reagan Levesque, Colt Levesque and Tucker Hodge. Bruce Farrin/Rumford Falls Times



Nghia Ha of Friends of the River Valley stands with Tucker Hodge, with free balloons during the Town of Mexico's second annual Fourth of July Festival on Thursday. FRV sponsored the kids bounce house and the free balloons. Bruce Farrin/Rumford Falls Times



Church Directory

If you would like your church information to run in the Rumford Falls Times weekly Church Directory, please contact Nancy at 364-7893.

North Woodstock

North Woodstock
Come to our Sunday service, 9:00 a.m.
Grace Bible Church, in the historic
1860 Pinhook Meeting House,
Rt. 232, North Woodstock.
Pastor David Theriault

Rumford

Parish of the Holy Savior
364-4556
St. A & St. John's Church Rumford
126 Maine Avenue, Rumford
Monday, Tuesday, Thursday, Friday 8:15am Mass
Saturday 4:00pm Mass
Sunday 9:30am Mass

Our Lady of the Snows Bethel
265 Walkers Mills Road
Saturday 6:00pm Mass

Rumford United Methodist Church
364-8703
455 Linnell Street
Adult Bible Class 9:30 a.m.
Worship Service and Sunday School 11:00 a.m.
e-mail: sunflowerchaput62@gmail.com
Pastor Robin Chaput

CLASSES from Page 5A

Caregiver Support Groups (every second Monday)
Time: 5:30-7 p.m.
—Lewiston Mondays Facilitator: Dana Morrell,
Date: Monday, July 8 LSW

Location: SeniorsPlus Lewiston
—Lewiston Thursdays
Date: Thursday, July 25 (every last Thursday)
Time: 3-4:30 p.m.
Facilitator: Heather Komulainen
Location: SeniorsPlus Lewiston
—Norway
Date: Thursday, July 25 (every fourth Thursday)
Time: 2:30-4 p.m.
Facilitator: Valerie Cole, LSW
Location: SeniorsPlus Norway
—Wilton
Date: Thursday, July 11 (then back to every first Thursday)
Time: 3-4:15 p.m.
Facilitator: Janice Sabin, LSW
Location: SeniorsPlus Wilton
Our caregiver support groups offer a safe place for caregivers, family, and friends to meet and develop a mutual support system. Participation can be an empowering experience.

Kinship Support Group—Wilton
Date: Thursday, July 18 (every third Thursday)
Time: 6-7:30 p.m.
Facilitator: Cyndi Dolloff
Location: SeniorsPlus Wilton
Provided by Adoptive & Foster Families of Maine, Inc. & The Kinship Program, this meeting is led by Cyndi Dolloff, AFFM Trainer, Facilitator, and Resource Parent. Childcare is provided. RSVP by calling Brigid at 207-827-2331 or email brigid@affm.net.

Building Better Caregivers
Dates: Fridays, July 26-August 30
Time: 9:30-11:30 a.m.

Facilitator: Valerie Cole, LSW, and Janice Sabin, LSW
Location: SeniorsPlus Lewiston
Building Better Caregivers™ (BBC) is a workshop for caregivers who are caring for someone with dementia, memory problems, post-traumatic stress disorder, a serious brain injury, or any other serious injury or illness. BBC helps caregivers in two key ways: it offers training in how to provide better care, and it also helps caregivers learn how to manage their own emotions, stress, and physical health. The workshop occurs once a week for six weeks.

Caregiver Support Newsletter
SeniorsPlus offers a quarterly Caregiver Support Newsletter to share caregiver-specific resources and opportunities to those in need. If you or someone you know is in need of caregiver support and would like to receive the newsletter, please reach out.

ONLINE GROUPS AND OFFERINGS
AT&T—Cyber Aware Webinar
Date/time: At your convenience
Presenter: AT&T staff
Location: Online video
Catch this pre-recorded Zoom class to learn more about online fraud and scams. This presentation is designed for people who are interested in learning statistics, recognizing scams, and what to do to protect themselves while online. Call or email SeniorsPlus to obtain link via email.

Legal Notices

TOWN OF ROXBURY
Accepting Bids for the following:
For 2024
Heating Replacement Bid

The deadline for accepting bids: 3:00 pm on Friday, August 23rd, 2024 at the Roxbury Town Office. Bid details must be picked up from the Roxbury Town Office during regular business hours (WED - FRI 8-4) or www.roxburymaine.com or call to have it emailed. BIDS must be sealed and marked for the specific job.
The Selectmen reserve the right to accept or reject any or all bids.

Roxbury Board of Selectmen

LEGAL INVITATION TO BID

The Town of Carthage is receiving bids from contractors to furnish materials and install 1 (one) septic system in the Town of Carthage. A portion of the work will be funded by the DEP Small Community Grant Program and the work will be subject to special requirements of the DEP. Bid Documents may be obtained at the Carthage Municipal building during office hours. A pre-bid meeting to inspect the site will be conducted upon request. Bidders must have a minimum 3 years' experience in septic system installation. (Or pre-qualify at the Town of Carthage prior to bidding). Qualified Disadvantaged Business Enterprises are encouraged to bid.

Sealed bids marked "Town of Carthage Septic System Bids" must be received at the municipal building by 4:00 pm, July 30, 2024, at which time they will be opened. The Town reserves the right to accept or reject any or all bids. For more information, please call 207-562-8874. Bid packets available at the Carthage Town office.

Public Notices are a permanent and independent record of government and court actions. These include state and local government meetings, rule making, available contracts, zoning changes, and many more, as required by law. In addition, parties to some court proceedings, such as foreclosures, probate, and estate actions are required to publish notices to ensure notification of affected parties, as well as the general public. These notices also alert business owners, large and small, to potential government contractual jobs, helping to ensure economic activity across a level playing field. Public notices have existed to ensure transparency in all levels of government since the founding of the United States. State and local notices are published in Maine newspapers and are also recorded at mainenotices.com, where anyone can browse or search notices, and sign up to receive email alerts when relevant notices appear.

A Guide To Western Foothills Services

<p>APPLIANCES & REPAIR</p> <p>LARSEN'S ELECTRIC</p> <p>Whirlpool Sales & Services</p> <p>Whirlpool • Maytag Amana • KitchenAid 364-7062 Over 50 Years Experience 13 Main Street Mexico</p>	<p>CARPENTRY</p> <p>Davis Mountain Builders Carpentry & General Contracting MIL-TBP-41 Compliant Kevin LaRue 511 Concord Pond Road Woodstock, ME 04219 (207) 665-2348 • (207) 357-6160 Cell kevin@davismountainbuilders.com</p> <p>Stanwood E. Virgin CONTRACTOR Roofing, Siding, Decks, Windows and Doors, Remodeling SINCE 1977 Call 364-0890</p>	<p>LOCKSMITH SERVICES</p> <p>Legere's Hardware, Inc. Locksmith Service Jim White, Owner 207-364-2520 • legeres@gwi.net 232 Waldo Street, Rumford</p>	<p>OIL & SERVICE</p> <p>Dead River Company Dead River Company 33 Prospect Ave., Rumford, ME 04276-0628 207-364-3751 www.deadriverv.com</p>	<p>OIL & SERVICE</p> <p>DIXFIELD DISCOUNT FUEL 1180 Rte. 2, Rumford 562-0972 24 Hour Heating Oil & Service</p>	<p>TREE SERVICES</p> <p>Red Oak Forestry Jim Peterson Tree Removal Difficult Take-Downs Licensed Forester, Arborist Call 364-9262</p>
				<p style="text-align: center;">PHOTOS</p> <p>SEE A PHOTO YOU LIKE? CALL OR STOP BY AND ORDER ONE! 8x10 \$8.00 +tax 5x7 \$5.00 +tax • 4x6 \$3.00 +tax All photo orders must be paid in advance. Rumford Falls Times 60 Lowell Street Suite 201 364-7893</p> 	

To advertise in this directory, call 364-7893 or e-mail ntheriault@rumfordfallstimes.com